



LITTLE SCHOLARS ACADEMY OF CALIFORNIA

1510 West Almond Avenue, Orange, CA 92868 | Phone: 714-634-8118
www.lsaoc.com

ONGOING MENU

MONDAY		TUESDAY		WEDNESDAY		THURSDAY		FRIDAY	
1	AM Snack Belvita Bar Applesauce PM Snack Goldfish String Cheese	2	AM Snack Vanilla Wafers Fruit PM Snack Cheese Quesadilla	3	AM Snack Ritz Crackers Go-Gurt PM Snack Dino Chicken Nuggets	4	AM Snack Graham Crackers Fruit PM Snack Wheat thins String Cheese	5	AM Snack Cheerios Fruit PM Snack Cheeze Its Go-Gurt
<hr/>									
MONDAY		TUESDAY		WEDNESDAY		THURSDAY		FRIDAY	
8	AM Snack Belvita Bar Applesauce PM Snack Goldfish String Cheese	9	AM Snack Vanilla Wafers Fruit PM Snack Cheese Quesadilla	10	AM Snack Ritz Crackers Go-Gurt PM Snack Dino Chicken Nuggets	11	AM Snack Graham Crackers Fruit PM Snack Wheat thins String Cheese	12	AM Snack Cheerios Fruit PM Snack Cheeze Its Go-Gurt
<hr/>									
MONDAY		TUESDAY		WEDNESDAY		THURSDAY		FRIDAY	
15	AM Snack Belvita Bar Applesauce PM Snack Goldfish String Cheese	16	AM Snack Vanilla Wafers Fruit PM Snack Cheese Quesadilla	17	AM Snack Ritz Crackers Go-Gurt PM Snack Dino Chicken Nuggets	18	AM Snack Graham Crackers Fruit PM Snack Wheat thins String Cheese	19	AM Snack Cheerios Fruit PM Snack Cheeze Its Go-Gurt
<hr/>									
MONDAY		TUESDAY		WEDNESDAY		THURSDAY		FRIDAY	
22	AM Snack Belvita Bar Applesauce PM Snack Goldfish String Cheese	23	AM Snack Vanilla Wafers Fruit PM Snack Cheese Quesadilla	24	AM Snack Ritz Crackers Go-Gurt PM Snack Dino Chicken Nuggets	25	AM Snack Graham Crackers Fruit PM Snack Wheat thins String Cheese	26	AM Snack Cheerios Fruit PM Snack Cheeze Its Go-Gurt
<hr/>									
MONDAY		TUESDAY		WEDNESDAY		Serving Size Guidelines (Ages 2-6)			
29	AM Snack Belvita Bar Applesauce PM Snack Goldfish String Cheese	30	AM Snack Vanilla Wafers Fruit PM Snack Cheese Quesadilla	31	AM Snack Ritz Crackers Go-Gurt PM Snack Dino Chicken Nuggets	Milk/Dairy: ¼ cup (6 oz) milk or equivalent Meat/Meat Alternate: ½ oz equivalent Fruits & Vegetables: ½ cup Grains/Bread: ½ serving			

Menu subject to change without notice, based on availability and water is offered at every snack.